



Dear Friend,

Witter Family Medicine is preparing a custom cookbook featuring favorite recipes from our staff, patients, families, and friends. We will prepare and sell this cookbook in an effort to raise funds for the American Cancer Society. It will be professionally published and contain educational pages regarding cancer detection, prevention, and cure. It will also contain a table of contents, an index, and recipe category dividers. It will also be special, as we would like each recipe submitted by a cancer survivor, or submitted in honor of a cancer survivor or in memory of a loved one. It is sure to be treasured for years to come!

Our goal is to collect 500 recipes by September 1, 2011. We hope to have cookbooks to sell by November 1, 2011—in time for holiday gifts! Please submit 1-5 (or more) of your favorite recipes so you and your loved ones can be represented in this treasury. Follow the instructions below. Your name and the information you specify will be printed with your recipes. Your help in contributing recipes will ensure that this project will be a big success for the cause of finding a cure!! In addition, we would like a clever, original name for our book. Please submit any suggestions you have with your recipes.

We hope for a great demand for our cookbook, and we want to be certain to order enough. You can reserve one or more for yourself and your loved ones at this time if you would like.

INSTRUCTIONS FOR SUBMISSION

- Print each recipe neatly using the enclosed form (a separate form for each recipe), or type the recipe and attach to the enclosed form with identifying information printed on the form.
- Write legibly to reduce errors.
- List all ingredients in order of use.
- Be sure to include temperatures and cooking, chilling, baking, and/or freezing times.
- Be sure to check the category listed into which your recipe fits.

Thank you in advance for your participation in this project! We are excited to make this a community effort for the cause of finding a cure for cancer!!

Sincerely,

Jim and Jo Witter
The Staff of Witter Family Medicine



WITTER FAMILY MEDICINE/AMERICAN CANCER SOCIETY RECIPE SUBMISSION SHEET

Person submitting the recipe: _____

Are you a cancer survivor? _____ Do you wish to be identified as a survivor? _____

Do you wish for us to identify the type of cancer? _____

Do you wish to dedicate this recipe in memory of (if the person is deceased), or in honor of (if the person is living) someone who has had cancer? _____ If so, please identify the person here and indicate whether this is in memory of, or in honor of this person. You may also indicate the type of cancer if you wish:

Please indicate the category into which your recipe fits best:

- Appetizers and Beverages
- Soups and Salads
- Vegetables and Side Dishes
- Main Dishes
- Breads and Rolls
- Desserts
- Cookies and Candies
- This and That

Do you have an idea for a title of our cookbook? _____

To preorder your copy(ies): Please reserve _____ cookbook(s) for me.

Please submit the body of the recipe on the following page in handwritten form, or attach a typed version of the recipe with this form. **THANK YOU FOR YOUR CONTRIBUTION!!!**

Title of the Recipe: _____

Ingredients:

Directions:

PLEASE CONSIDER MAKING COPIES OF THIS FORM AND SUBMITTING MULTIPLE RECIPES!!